



The Bosmere News – April Edition

BEAT CANCER, ATTEND YOUR SCREENING

Screening programmes can help to diagnose cancer or risk of cancer earlier improving the likelihood of successful treatment. There are three national cancer screening programmes in England.

- **Cervical screening** - offered to people with a cervix. Routine screening is offered every three years up to 49 years of age and every five years from 50 to 64 years of age. You will be sent an invitation to book an appointment when you are due.
- **Breast screening** - offered to women aged 50 to their 71st birthday in England. You'll first be invited for screening within three years of your 50th birthday and will receive further invites until you are 71.
- **Bowel screening** – offered to men and women aged 60-74 every two years. You'll be sent a home testing kit to collect a small sample of poo that checks for tiny amounts of blood which could be caused by cancer.

Screening can detect a problem even before you have symptoms. Early diagnosis can mean that treatment is more effective.

If you are eligible to be screened, please have your test and let's beat cancer.



WWW.BOSMERE PRACTICE.CO.UK

Please remember to visit our website where you can request repeat prescriptions, sick note extensions, submit medication reviews and blood pressure readings, track your referral and request blood results, as well as so much more!

WHAT IS AN NHS HEALTH CHECK?

The NHS Health Check is a free check-up with a Healthcare Assistant for people who are aged 40 to 74, without certain existing medical conditions, that assesses your overall health.

It can tell you whether you're at higher risk of getting certain health problems and allow early intervention for any previously undiagnosed conditions. If you are eligible you will be invited to attend every 5 years.



If you are unsure of your eligibility please contact the practice or visit: <https://www.nhs.uk/conditions/nhs-health-check/> for more details.

COVID-19 VACCINATION BOOSTERS

COVID Boosters are currently available for all immunosuppressed patients or patients over the age of 75.

There are clinics running throughout May at Bosmere and at Oaks Healthcare in Cowplain, PO8 8DL. If you have received an invite to book your appointment, please do this by calling 119 or visiting the link displayed in your invite message.

If you have not received an invite it is likely you do not meet the eligibility criteria on this occasion even if you may have been eligible for previous booster campaigns.

Please note that these clinics are not run by Bosmere, so unfortunately, we are unable to book this appointment for you or able to advise when you will receive your invitation.



Better
Health every mind
matters

NHS

Good for your body Good for your mind

It's the perfect time to get active. When you move more you not only give your body a boost, but you give your mood a lift too.

Make the first move
for your mental health
Search

Every Mind Matters





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PRESCRIPTION REMINDER

When requesting a repeat of your prescription, please bear in mind that unfortunately we cannot take any requests over the telephone. Requests can be submitted through the Practice website, your Patient Access account, the NHS App or by using the request form available at the Reception Desk. This allows us to keep a sufficient audit trail of all requests coming through the Practice and makes tracking your request easier.



Requests can be submitted up to 9 days before your new prescription is due, but please allow 2 working days to process.

DNA's (Did Not Attend)

Did you know each time an appointment is not attended, it costs the NHS a minimum of £60 per doctor's appointment and approximately £30 for a nurse appointment.



Below are the figures showing in total how many appointments were missed at Bosmere throughout February, March and earlier this month:

February: **225**

March: **150**

April (up to 26/04/2023): **97**

Total: **472** missed appointments over an eleven week period.

If you are unable to attend your appointment, we have a dedicated cancellation line. Please ring 02392 476 941 and press option 1 to cancel your appointment. This is an unmanned line and your message will be actioned.

UPCOMING PRACTICE CLOSURES

- Monday 1st May – Bank Holiday
- Monday 8th May – Bank Holiday
- Monday 29th May – Bank Holiday
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TRAINING DATES

- Thursday 22nd June (from 1pm)

DOCTOR'S CORNER

**Dr Tommy Chung – Senior Partner
MB B.Ch MRCOG MRCGP DCH 1993 Cardiff**

*Special Interests: Minor Surgery, Obstetrics and Gynaecology.
Dr Chung is also a GP trainer.*



Having been born and bred in Hong Kong, I attended senior school in England and went on to study medicine in Cardiff.

I am interested in all branches of medicine. My additional practice roles include Medicines Management and provision of minor surgical procedures. I am a GP Trainer in the practice. I am also a college examiner as well as a CQC GP advisor.

I enjoy spending my spare time with my family in pursuing various outdoor activities and will never say “no” to skiing in the French Alps.

1. If you could be any animal what would you be and why?
An Ant – they're part of a hardworking society!
2. What was your childhood dream career?
An Astronomer
3. What came first – the chicken or the egg?
The Chicken....
4. Who would be your top three dinner guests?
Albert Einstein, Sophie Marceau and Sun Tzu
5. Would you rather have feet for hands or hands for feet?
Feet for hands!
6. If you could have any superpower what would it be?
To Fly

STAFF CHANGES

Sadly, we say goodbye to Dr Jackson and Dr Boctor-Nader as they leave Bosmere for pastures new. We are also sad to see Dr Kyaw-Win go, as she leaves later in May. We wish them all the best in their future endeavours.

We are very pleased to welcome Dr Elizabeth Mowlem to the team as a salaried GP within the Practice. Dr Mowlem has worked with us since 2020, when she came to us to finish her training as a GP Registrar.